

Course A

Hiking to a spectacular mountaintop temple and strolling through a hot spring town (presented by JCAB)

In Course A, participants will visit a temple and hot springs to enjoy the nostalgic and traditional landscapes of Japan.

- Participants will visit Risshakuji-temple, which was found in 860.
Participants will climb 1,015 stone steps and enjoy the scenic view from the mountaintop.

Note: Please bring comfortable shoes, a towel, and a drink.

- Participants are scheduled to visit Ginzan Onsen town and enjoy a leisurely stroll through the hot spring town.

Note: Soaking in the hot springs is not part of the Course.



Risshakuji-temple



Ginzan Onsen town

Course B

Cruising around Matsushima Bay and savoring some fine sake (presented by JCAB)

In Course B, participants will enjoy the scenic view of Matsushima*, one of the three most scenic spots in Japan, through a cruise. Additionally, participants will have the opportunity to savor Japanese sake or wine by visiting a sake brewery or a winery.

* Matsushima: With its over 260 islands dotting its bay, Matsushima is renowned as one of Japan's three most scenic views and is famously featured in a 'haiku' by the poet Matsuo Basho.



Matsushima Bay



Winery



sake brewery

※JCAB will take participants to either a brewery or a winery

Course C

Discovering the spirit of Sendai: A Journey Through Culture, Cuisine, and Resilience
(presented by the City of Sendai)

Participants will experience Sendai's rich history and local flavors. Participants will explore an iconic historic landmark, guided by the samurai performers, try making a beloved local specialty, *Sasa Kamaboko*^{*1}, and enjoy shopping for local souvenirs. The tour also includes a visit to the Tsunami Ruins to reflect the region's recovery from the Great East Japan Earthquake.



History Experience:
Zuihoden Mausoleum
Guided by samurai performers



Cooking Experience:
Sasa kamaboko (fish cake)



History Experience: Date -Samurai Performers

1 *Sasa kamaboko

"Sasa Kamaboko" is one of the three major Sendai specialties. Filleted and blended fish are molded in the shape of a bamboo leaf.