





Course A

Hiking to a spectacular mountaintop temple and strolling through a hot spring town (presented by JCAB)

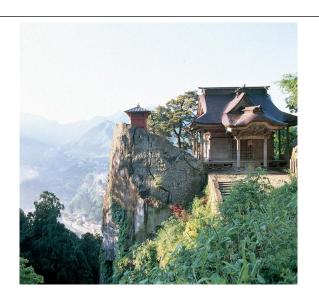
In Course A, participants will <u>visit a temple</u> and <u>hot springs</u> to enjoy the nostalgic and traditional landscapes of Japan.

• Participants will visit Risshakuji-temple, which was found in 860. Participants will <u>climb 1,015 stone steps</u> and enjoy the scenic view from the mountaintop.

Note: Please bring comfortable shoes, a towel, and a drink.

• Participants are scheduled to <u>visit Ginzan Onsen town</u> and enjoy a leisurely stroll through the hot spring town.

Note: Soaking in the hot springs is not part of the Course.





Risshakuji-temple

Ginzan Onsen town





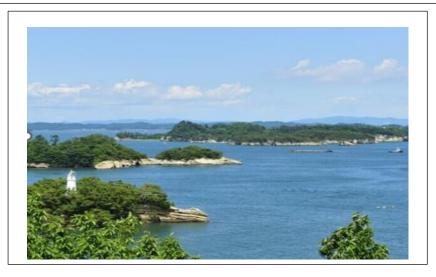


Course B

Cruising around Matsushima Bay and savoring some fine sake (presented by JCAB)

In Course B, participants will enjoy the <u>scenic view of Matsushima*</u>, one of the three most scenic spots in Japan, <u>through a cruise</u>. Additionally, participants will have the opportunity to <u>savor Japanese sake or wine</u> by visiting a sake brewery or a winery.

* Matsushima: With its over 260 islands dotting its bay, Matsushima is renowned as one of Japan's three most scenic views and is famously featured in a 'haiku' by the poet Matsuo Basho.



Matsushima Bay





Winery

sake brewery

*JCAB will take participants to either a brewery or a winery





Course C

Discovering the spirit of Sendai: A Journey Through Culture, Cuisine, and Resilience

(presented by the City of Sendai)

Participants will experience Sendai's <u>rich history and local flavors</u>. Participants will explore <u>an iconic historic landmark</u>, guided by the <u>samurai performers</u>, <u>try making a beloved local specialty</u>, <u>Sasa Kamaboko*1</u>, and <u>enjoy shopping</u> for local souvenirs. The tour also includes a visit to <u>the Tsunami Ruins</u> to reflect the region's recovery from the Great East Japan Earthquake.



History Experience: Zuihoden Mausoleum Guided by samurai performers



Cooking Experience: Sasa kamaboko (fish cake)



History Experience: Date -Samurai Performers

*1 Sasa kamaboko

"Sasa Kamaboko" is one of the three major Sendai specialties. Filleted and blended fish are molded in the shape of a bamboo leaf.